

# HOME STUDIO TIPS

1) Your dancer will need a clear flat area of at least 2 x 2 metres.

2) Remove any obstacles or furniture and be cautious of low ceilings, all could be a risk to your dancer.

3) Wear your class uniform and have your hair in a bun (or ponytail), just like you would for class at the studio.

**BALLET** - for a substitute barre you can use the back of a chair or window sill. You may find small barres available online.

**TAP** - you may like to invest in a tap board so you don't damage your parents floors! A 3-9mm thick MDF board from Bunnings would be perfect inexpensive solution!

**ACRO** - is best on a cushioned floor such as carpet, avoid hard floors.

